



Rina Trepanier
Sales Representative
Experience Counts!

26
Years...

AWARD WINNING REAL ESTATE SALES
Diamond Award
Award of Excellence
Platinum & Gold Awards

905-892-4545 • 905-734-0222
Direct 905-980-1199
E-mail: rinat@royallepage.ca

ROYAL LePAGE
NIAGARA REAL ESTATE CENTRE, BROKERAGE
SINCE 1972

Visit Rina On The Web At www.rinat.ca

HOME DELIVERY CALL 905-732-2411

THURSDAY, JULY 11, 2013

www.pelhamnews.ca

Thinking of Buying?
Thinking of Selling?
Call Me Today!



Call Me Today! 905-733-8996
www.pennylanesold.com
Office: 905-922-0223

Published by Sun Media Publishing Inc. • Issue No. 26 Volume 17

Pelham NEWS

ROYAL LePAGE

Niagara Real Estate Centre Inc., Brokerage
KITCHENER & LONDON OFFICES
HouseWORTH
GO TO
www.callanet.ca
CALL 905-892-0222



JANET McInnes
SALES REPRESENTATIVE
1815 Merrittville Hwy. • Fonthill

■ ART History of Zimbabwean art will be taught

SARAH FERGUSON
Pelham News Staff

For Zimbabwe artist Tawanda Sarireni creating sculptures means more than shaping stone into an attractive object to be viewed and admired. Sarireni says each piece of stone tells a story about the African country's culture and its history.

At a time when many people living in Zimbabwe couldn't read or write, Sarireni says the people would create sculptures to share lessons and pass down stories.

see ART | page 2

Crafts of summer



SARAH FERGUSON Staff Photo
Children in Pelham are busy enjoying the days of summer with crafts and activities at the Town of Pelham's summer camp programs at Pelham Arena. Pictured from left, Keagan Alexander, 7, Isabella Boom, 6, Avery Muzzell, 7 and Kade Ukrainetz, 7, show the paper fans they made during craft time, Friday, to cool themselves from the hot sun.

PERSONAL TOUCH
HOME IMPROVEMENTS
Professional Work with a Personal Touch
Call Today For A
Free Estimate
Roofing, Siding & Windows
2601 HWY #20 EAST
FONTHILL, ON L0S 1E6
Phone 905-892-6177
email: pthr@pthi.ca • website: www.pthi.ca



Debbie Pine
pinesold.com SALES REPRESENTATIVE



Office: 905-892-0222 • Sell: 905-321-2261 • debbiepine@royallepage.ca

**BUYING
OR SELLING**
Call Debbie and....



A TOP 10 PRODUCER WITH
ROYAL LePAGE NIAGARA
Award Winning Service

ROYAL LePAGE
100 YEARS
SINCE 1972
Niagara Real Estate Center, Brokerage
Independently Owned & Operated

upfront

■ ART

Sculptures will be on display

FROM PAGE 1

For example, if a family's crop was destroyed by locusts, Sarireni says his people would have carved a stone depicting locusts and people suffering from lack of food to remember what had happened and share it with future generations.

To educate people about Zimbabwe's art history and the country's people, more than 100 sculptures are on display at Hamiltons of Pelham, at 306 Canboro Rd. in Ridgville.

The store, which opened in December, sells one-of-a-kind art from artists all over the world.

Sarireni has brought the art to the store as part of the Mystery In Stone, a group of artists which established a collective 10 years ago. The group aims to promote Zimbabwean art and culture

by hosting art exhibitions.

The group also does humanitarian work which it calls Art for AIDS. For every sale of a sculpture, 15% of the purchase goes toward educating people about AIDS and to help victims of it.

"HIV and AIDS have devastated Africa and we want to do as much as we can to help," Sarireni says.

The artist says there is a misconception about the disease, where people from his country believe if a person has AIDS it is because he or she is promiscuous.

"In my culture, we don't talk about sex, it isn't talked about in the open. Elders didn't teach us it was a sexual disease."

By helping people to learn to co-exist with an HIV patient and to teach a person who is diagnosed with HIV to live with the disease, Sarireni says Mystery In Stone hopes to improve the lives of thou-

sands of people.

Sarireni, a native of Zimbabwe, learned his craft from his father, a woodcarver who still sculpts one piece a year at age 100.

Growing up as a child in Zimbabwe, Sarireni says he always wanted to become an artist, but he had to fulfill his father's wish of receiving an education. Sarireni attended a university in England where he received a bachelor's degree and a master's degree in marketing.

He is a renowned Shona artist who has received international acclaim. Joining him at Hamiltons of Pelham is Jonathan Mhondoroma, who studied with well-known artist in Zimbabwean art world, first-generation Shona sculptor Joseph Ndanarika.

The artists will have authentic Zimbabwean art on display from now until Sept. 2.

■ BANDSHELL:

Jim Witter takes the bandshell stage

For PelhamNews

Jim Witter has been entertaining for over 20 years.

Whether it be his country music, contemporary Christian, or the music of Billy Joel and Elton John, Jim's versatility as an artist has allowed him the opportunity to reach out and share his music and his infectious personality with audiences of all ages across Canada and the United States. His unique approach and comfortable rapport makes each member of his audience feel as though they are a part of a private concert in the comfort of their own living room. This, along with his rich, powerful voice and ease of manner at the piano, make him a

favourite with theatre goers everywhere.

It all started at a very early age, as Jim began performing in the comfort of his own living room. His Mother would play piano, and Jim would belt out the hits, everything from the Beatle's to Broadway musicals. Not bad for a four year old.

All through his school years, Jim knew that he was destined to have a career in the music business.

"I never really thought of doing anything else," he says, "and neither did my parents because they always encouraged me to follow my dream."

And follow it he did. Jim paid his dues, playing in the clubs and bars around southern Ontario for years.

He would write songs and record demos during the day, and play in the clubs at night to pay the bills. Jim met his wife Rebecca in 1985. Together, they worked tirelessly to promote Jim's talent and music in hopes that one day their efforts would be recognized. Finally in 1990, one of Jim's demos came to the attention of a Sony Music Canada executive, which really got Jim's recording career rolling.

A record deal with a smaller independent label in Canada, soon gave way to a multi-record deal with Curb Records of Nashville, home of Tim McGraw, Leanne Rimes and Wynonna Judd.

see BANDSHELL | page 18

■ RCMP:

Local RCMP detachment not plagued by problems: inspector

SARAH FERGUSON
PelhamNews Staff

WELLAND — The Royal Canadian Mounted Police aren't just an iconic Canadian symbol.

They hold a strong presence in the Niagara region as well as across the country.

Although some people may not realize it, Insp. Steve Martin said, the RCMP has 65 officers working out of its Hamilton-Niagara regional detachment in Stoney Creek who serve Niagara.

A survey conducted by QMI Agency from June 19

to 23 asked 1,000 Canadians about their opinions of the RCMP in light of troubles reported in the news in recent months for the police force.

About 82% of Canadians had a very positive or mostly positive impression of the RCMP. Only the Canadian

Forces ranked higher, at 86%, among other Canadian institutions.

But only 21% of respondents said they'd trust an RCMP member to watch their child while almost twice as many said they'd trust a doctor, followed by a paramedic.

When it came to problems within the RCMP, including harassment, Canadians who were surveyed tended to believe there were troubles within the force and reforms are needed.

Martin said there are no problems that plague the RCMP serving Niagara.

"I think we always have to be working to do our best job and I can comfortably say the folks under my command give 100% all of the time," Martin said of the Stoney Creek detachment he oversees.

see RCMP | page 16

Lampman
Funeral Home

724 CANBORO ROAD
FENWICK (905) 892-4701

Our Family Serving Your Family
For Over 100 Years
since 1911



Irvine Muir Terry Mikolasek



Wheelchair
Accessible

tempo

Queensbury Securities Inc.
 Gallant Financial Services

"Superior Service and Advice You Can Trust"
 Stocks • Bonds • Mutual Funds • Insurance
 Larry J. Gallant, Financial Advisor
 1400 Pelham St. Unit 4
 Pelham, ON L0S 1E0
 Office: 905-880-2100 Cell: 905-657-4517
 larry.gallant@queensbury.com

Blooming good time



SARAH FERGUSON Staff Photo

Committee member Sheryl Pitre prepares for the annual Communities in Bloom Garden tour this Saturday from 10 a.m. to 3 p.m. Ten gardens will be featured in Pelham, highlighting a variety of gardens. Tickets can be purchased at Pelham Town Hall and Vermeer's Garden Centre.

If you have a story idea or see news happening, we want to hear from you —

pelham.news@summedia.ca or 905-732-2414 ext.246

■ **ART PROJECT:** Takes place during Summerfest

Pelham to show its artistic side

SARAH FERGUSON
PelhamNews Staff

Art enthusiasts are invited to leave their creative mark in town during Pelham Summerfest.

The Pelham Community Art Project, spearheaded by Forestgreen Creations, will be unveiled on July 18 during Pelham Summerfest, said organizer Todd Barber.

Three free-standing structures will be set up in Peace Park for those attending the festival to draw a picture or write their names on it.

The structures will stand six-feet high and eight-feet wide, Barber said of the project.

The idea is to leave a mark behind and to highlight the artistic community in Pelham, Barber said. He expects about 3,000 people will

draw on.

"It's a great way to get art in the community. The project is a lot like signing a yearbook, and who doesn't love to sign a yearbook," he said.

Barber is hoping the wall will be on display in the park for years, and that it will become a festival tradition.

"The wall will stay up for as long as council will allow," he said.

Barber's daughter, Madison, designed a small display which is an example of what the festival's community art project will look like when it's finished. The art is hanging outside of Barber's business, Forestgreen Creations, at 1423 Pelham St. for residents to get a glimpse of the project.

The board was put on display last week and has

attracted a lot of attention from pedestrians.

"We've been seeing a lot of people walking by to look at it and we seem to be having a positive response to it," he said.

For anyone who would like an image designed for them, artists such as Madison, are available to rent to help individuals and families leave their mark on the wall.

"Artists are available for rent to do your panel for you. Part of the idea for the art project is to raise awareness for young, local artists in the community."

The community will be invited to write, draw, or doodle on the Pelham Community Art Project during Pelham Summerfest from July 18 to 21.

sarah.ferguson@summedia.ca

SUMMERFEST OPENER

Thursday, July 18

4 pm to 10 pm

PELHAM NIGHT OF ARTS & TEEN MOVIE NIGHT

Friday, July 19

4 pm to 11 pm

DIAMOND



TOWN OF PELHAM

and welcome to the online family
tonahill-central
 2013 Member 020

PLATINUM



Come Chill on the Hill

July 18, 19, 20 & 21st

Visit PelhamSummerfest.ca



ALL DAY STREET FESTIVAL

Saturday, July 20

10 am to Midnight

PANCAKE BREAKFAST & FAMILY FUN WALK

Sunday, July 21

8 am to 2 pm

MEDIA PARTNERS



and welcome to the online family
tonahill-central
 2013 Member 020

PLATINUM

GOLD



SILVER



ITL2

McAvoy, Belan & Campbell
 Insurance and Financial Services Inc.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PELHAM
 ART
 FESTIVAL, INC.

PelhamNEWS

Published by PelhamNEWS

Sun Media Corp.

228 East Main St., Welland, ON L0S 1E0
Tel: 905-732-2414 ext.246 Fax: 905-732-3660

e-mail: pelhamnews@sunmedia.ca

John Tobon

PUBLISHER AND GENERAL MANAGER, PRINT & DIGITAL

Sarah Ferguson, reporter

SUN MEDIA
A Quebecor Media Company

How many cannolis can you eat?

Nothing says it's summer like a warm July day, a cool dip in the pool, and the usual line-up of festivals and concerts.

Next weekend, the people of Pelham are in for a real treat. With thousands expected to fill Pelham St., and Peace Park, Pelham Summerfest will celebrate the summer season.

There will be no shortage of excitement with music, art, vendors and food at the annual festival.

There's plenty of new activities this year as well, including the Pelham Community Art Project which will see thousands of people leave their mark in the town.

Also new this year, and likely one of the most delicious events, will be a cannoli-eating contest.

Lovers of the Italian pastry are being challenged to eat as much, and as fast as they can for the chance to win prizes worth \$1,000. The event is being organized by Gelato Village owner Rocco Spano.

Contestants are still needed for the first cannoli-eating contest, which will be held next Thursday at 4 p.m. Spano said he wants the cannoli eating contest to become a tradition at Summerfest.

For more information about how to be a contestant in the cannoli-eating competition call Spano at 289-897-9747 or e-mail info@gelatovillage.com.

When heading out to the festival, don't forget to bring a hat and some sun screen, and have a great time.

—Sarah Ferguson

■ COLUMN

A positive step for a new southern hospital

On June 26, Niagara Falls Mayor Jim Diodati hosted a sign unveiling the "Future Site of the Niagara South Hospital: Serving Niagara" at the corner of Montrose and Lyons Creeks. The event also highlighted the generosity of the Grass family who donated the 12 hectares of fully-serviced, shovel-ready land.

Some called the unveiling "distasteful" and "preposterous." Many others welcomed the announcement, calling it another "important step" in the process toward better health care.

You will recall that Dr. Kevin Smith, the provincially-appointed supervisor of the Niagara Health System (NHS), presented an Interim Report regarding restructuring of the NHS in May 2012. He recommended building a new southern hospital and



DAVE AUGUSTYN
MAYORAL VIEW

asked the six southern mayors and the regional chairman to recommend a site.

Based on an analysis of population densities, emergency call volumes, drive times, municipal infrastructure, NHS referrals, and emergency room usage, the mayors and chair unanimously suggested two geographic areas about eight kilometers apart - Lyons Creek / QEW and 406 / 140 - for the new hospital.

Dr. Smith further analyzed the two areas and, in his September 2012 final report, recommended that the NHS construct a new general acute care hospital at the Lyons Creek / QEW location. He also

recommended developing two free standing urgent care centres.

This report also showed that this plan would cost much less (for both operating and capital costs) and provide better, 21st century health care than all other options.

Earlier this spring, both the Niagara South Medical Society - representing doctors in the Welland area - and the Greater Niagara Medical Society - representing Niagara Falls area doctors - supported Dr. Smith's call for a new hospital and suggested speedy implementation at the recommended area.

While I believe that communities need more local health care options and services, the trends show that they will not be in the form of a hospital; that's why the Town is working with doctors who are developing new facilities and family health teams in both Fonthill and Fenwick.

For example, plans for the Fonthill Health Centre in the East Fonthill development area were announced at Town council in May. The physicians / developers plan for the 30,000 to 40,000 square foot "one stop integrated health care building" to begin construction in 2014 and to open in 2015.

My trip from Pelham Town Hall to the Montrose / Lyons Creek location took only 20 minutes. Given the close proximity of the new northern hospital and of this future Southern Hospital for Pelham, I hope that each of us can embrace the NHS's plans, and encourage the Ministry of Health to work toward construction as soon as possible.

You may contact Mayor Dave Augustyn at mayordave@pelham.ca or read past columns at www.mayordave.blogspot.com.

■ COLUMN

Welcome to Canada and have a good life

JESSICA SRIVASTAVA

"Welcome to Canada. Have a good life!" Those were the words that greeted me as my passport was stamped, allowing me to enter and live in Canada permanently. I remember the excitement, the awe, at what I had done, and of course the fear of the unknown.

As of June 30, I will have been in Canada for 22 years, almost all of that time spent in Pelham. I consider myself Canadian, with some English and East

Indian thrown in. I have lived in this country the longest, and every year as my family prepares for our annual Canada celebrations, I always stop and reflect on my journey to date.

Did that journey turn out the way I imagined? No, not at all, but in many ways it is



Srivastava

so much better. Canada is still a country of great opportunity, if we choose to embrace it, a country of great friendliness, safety and beauty. I have been afforded the opportunity of raising my children in safety, in my own home, in a beautiful environment, and to top it off, I have a pool. None of these things would have been within my reach as a single woman in the U.K.

While I cling to some of ethnic traditions, Anglo-Indian food, supporting my

beloved Manchester United and the England international soccer team. I have equally become a crazy hockey supporter (Go Leafs, go!), love all our festivals and long weekend traditions, and most importantly the chance to live my life on my own terms.

So during this Canada day, I raised a glass as I took part in our traditional community celebrations, to the country I call home, a country that has given me so much.

Happy Canada Day everyone.

■ LETTER

Community service strong for Rotary Club of Fonthill

The Rotary Club of Fonthill kicked off its busiest community activities month with a great presence and plenty of fun in Harold Black Park for the town's Canada Day activities.

Despite the weather, the club managed to sell more than 150 sno cones of various flavours; not so surprisingly, slices of pizza were also brisk sellers.

More than 50 volunteers, including Rotarians, interact club members from E.L. Crossley, students from St. Alexander's school, family and friends, joined in the effort to provide children's games and activities throughout the day.

The club wishes to thank all our helpers, including volunteers from the 613 Lincoln and Welland Cadees; and to thanks our generous suppliers, including Sandastak, Mossimo's, and Tim Hortons, and to the Town of Pelham for providing tables, chairs and canopies.

Next up for the club is volunteer participation in Pelham's Summerfest activities. Back by popular demand is the 50-50 draw which earned one lucky ticket holder \$600 last year! Look for Rotarians in downtown Fonthill selling tickets on Sat., July 20.

We will also join other community service clubs by volunteering in the beer tent area and other stations throughout Saturday's festivities.

Finally, the club will hold one of its major fundraisers for the year at the end of the month. Monday, July 29 marks the 22nd annual golf tournament, which takes place at the prestigious and private Lookout Point Country Club. Unlike many charity tournaments, this golf event has held its price at \$180 for 18 holes of golf, a cart, lunch, dinner and a chance at some great prizes.

Every year the club donates the proceeds to a worthy cause, and this year is no exception. The club decided to put the proceeds back into the local community by giving them to the Isaac Niehl Skate Park.

If you would like to secure your foursome now, contact any Rotarian, or send an email to fonthillrotary@rogers.ca.

For more information on the Rotary Club of Fonthill, visit www.fonthillrotaryclubofonthill.ca.

Michael Lewis, President, Rotary Club of Fonthill



Gallaghers
Farm Market & Garden Centre
www.gallaghersfarmmarket.com

Local Strawberries

Local
Green Onions
Garlic
New Potatoes
Romaine Lettuce
Green & Red Leaf Lettuce
Peas
Broccoli
Cauliflower
Raspberries

Local Sweet Corn



Local
Green Beans & Yellow Beans



Local
Peaches



Local
Jumbo Radishes



Home Made
Pies, Tarts & Flat Bread

Local
Spinach



Local
Early Golden Plums



346 HWY 20 WEST, FONTHILL Fresh Baked pies
905-892-0698 • OPEN 7 DAYS A WEEK • 7 AM TO 9 PM

Stamford Hearing Clinic

Approximately 3 million Canadians suffer from hearing loss - That's 1 out of 10 people!

What we do Free

- Hearing Aid Testing
- Hearing Aid Selection
- Fitting & Dispensing
- Ear Impressions
- Counseling

Hearing Instrument Specialists are recognized by



Voluntary Service
Interpreters
Association of Canada



Veterans Affairs
Canada

All major health insurance carriers



The Association of Hearing Instrument Practitioners of Ontario

LOVE
your ears

Hearing Aids
Starting at
\$490 per Aid

*includes
first
year
warranty

4113
Portage Road,
Niagara Falls
ON L2E 6A2
Phone - 905-357-6166
Fax - 905-357-3822

238
Bertie Street,
Port Hope
ON L2A 1Z3
Phone - 905-871-8566
Fax - 905-871-4172

111
Fourth Avenue Unit,
3 Ridley Square,
St. Catharines ON L2S 3P4
Phone - 905-397-0660
Fax - 905-397-0661

ARE YOU **BUYING** OR **SELLING?**



**LOOK IN
HERE**

For the Area's Largest
Selection of Homes for Sale

**WE ARE
DELIVERED
TO YOUR HOME**

**DELIVERED EVERY
THURSDAY**
• Welland Tribune • In-Port News
• Pelham News •



www.fabriclandwestern.com

THURSDAY JULY 11 TO SUNDAY JULY 14, 2013

Summer Fashion Fabric
BUY 1 meter, GET
2 meters FREE*

A huge selection of summer fashion fabric
 Buy one meter at our regular price and get another two meters free
 *off the same bolt, full meters only. Selection varies by store.

OUR ENTIRE IN STOCK
OUTDOOR FABRICS & DECOR

SPECIAL SELECTION
50% OFF
 OUR REGULAR PRICE

SPECIAL SELECTION
BUY 1 METER AT OUR REGULAR PRICE
GET 2 METERS FREE
 FROM SAME BOLT

OUR ENTIRE IN STOCK
FLANLETTE PLAINS & PRINTS
QUILTING FABRICS & BRODCLOTH
50% OFF
 OUR REGULAR PRICE

OUR ENTIRE IN STOCK
BURDA
PATTERNS
50% OFF
 OUR REGULAR PRICE

Now Available at all Locations

Custom Drapery - Easy as 1-2-3!

1. Measure your window
2. Select your fabric - we have thousand of meters to choose from
3. Choose your window treatment from our stylish selection - we do the rest! See in store for details



Store Hours:

Mon.-Fri. 9-6 • Sat. 9-6 Sun. 12-5

MOUNT CARMEL CENTRE

3770 Montrose Rd., Niagara Falls

575 WELLAND AVE., St. Catharines

354-7117

685-6595

www.fabriclandwestern.com

734-3836

■ LOGO

New brand for Pelham

Pelham News Staff

Continuing to show itself as a vibrant, creative and caring town, Pelham has reinvented itself and its brand.

The Town of Pelham's new logo will be unveiled to the public during Summerfest from July 18 to 21.

The new logo is a circle with five different colours to represent the five different communities that make Pelham: Fonthill, Fenwick, Ridgeville, Effingham and north

Pelham.

The logo was developed by Niagara-based company Chimpanzee, and lead by designer and Pelham native, Jenny Halina.

The new brand was developed from individual suggestions, consultations with the town and the public, through an online survey, a volunteer residential committee, a staff communications committee and a community outreach exercise on June 20 during the opening night of the Fonthill Bandshell concert series.

Downtown Welland
PLEASE SUPPORT THE LOCAL MERCHANTS

PALAZZO
 91 East Main Street
905-735-4025

Salon & Spa

Finally, a salon in Welland that specializes in multicultural hair!!

Palazzo Salon & Spa would like to welcome Hairline to their team of stylists! Hairline brings with her multiple years of experience with all types of hair. One of her specialties is multicultural hair. She specializes in corn rows, chemical relaxers, shampoo & styles and hair treatments for the most difficult, unruly hair.

Hairline will offer her services at a special rate for the months of June, July & August.

Cut & Colour Special \$69 Tues. & Wed.

Chemical relaxer touch up \$45!

Shampoo & Style \$20!

Call today to book your appointment!
*certain conditions apply

Follow Us On

"View all promotions here www.palazzosalon.com"

Join Us for...
Brunch
 Peninsula Lakes Golf Club
 Every Sunday
 10:30AM - 2:00PM

Lunch
 Served 7 Days a Week in our
 Quarry Lounge Restaurant
 Open to the Public!
www.penlakes.com

& Dinner
 Reservations Recommended.
 Join Executive Chef Jason Williams
 7 nights a week!
 905.892.8844

569 Highway
 20 West -
 Fenwick, ON



TOWN OF PELHAM

*a vibrant, creative & caring
community*

TOWN OF PELHAM

pelham.ca | 20 Pelham Town Square, P.O. Box 400, Fonthill, ON | 905-892-2607 | 905-892-5055



RECREATION PROGRAMS & CLASSES

Zumba Fitness @ Pelham Arena

Tuesday July 16th 7:30pm - 8:30pm

Zumba Gold @ Pelham Arena

Tuesday July 16th 9:30am - 10:30am

Thursday July 18th 9:30am - 10:30am

Drop in and try any session for \$6 or purchase your 10 + 2 bonus passes for \$60. For more info, contact (905) 892-2607, ext. 329.

Walking Club - Everyone is welcome - July 16th and July 18th

Interested in walking in Pelham? Interested in joining a Walking Club? Then join us! Tuesdays at Pelham Arena from 9-10am and Thursdays at Fonthill Bandshell from 9-10:30am. For more information, contact (905) 892-2607 ext. 329.

Summer Program Registration

Registration for the Aquatics programs and Summer Camps is now open. Details and application forms are available at www.pelham.ca



COMMUNITY EVENTS & NEWS

THE PELHAM POOL IS NOW OPEN!!! *Season Memberships May Be Purchased at Pelham Town Hall*

Public Swim Hours

Weekdays: 1-5pm & 6-8pm

Weekends: 1-4pm (Beginning July 2nd) & 6-8pm

Lane Swim: Weekdays 12-1pm & 5-6pm; Fridays 7-8am

If interested in renting the Marlene Stewart Streit Park Pool for a private rental, contact the Town of Pelham at 905 892-2607, ext. 347.

((WI-FI))) Now Available @ Peace Park in Fonthill

Just in time for summer festivals and events, free WI-FI access is now available to Peace Park visitors 24/7. Be sure to check it out when attending Bandshell or taking a stroll through the park!

Pelham Farmers' Market - May 2 until October 24 - Pelham Town Square - July 4 Market Bucks Winner: Mike Pawlik

2013 marks the 10th year for our vibrant Farmers' Market! Come out and meet your local market vendors and purchase food that is fresh, high in quality and the next best thing to harvesting it yourself. Every Thursday from May 2 to October 24, 4:30pm till dusk.

Thursday Night Concerts - June 20 until September 5 - Fonthill Bandshell, Peace Park

Check out the fantastic lineup at www.fonthillbandshell.com.

Communities in Bloom Committee Presents the 12th Annual Garden Tour, Saturday July 13th, 2013, 10am - 3pm

Do you love gardening? Have a green thumb? Interested in getting some new and different ideas for your property? The Communities in Bloom Committee would like to invite you to the 12th Annual Garden Tour. More than 10 properties will be featured for 2013 throughout Pelham. Refreshments and entertainment will be provided at one of our stops! Interested in being a garden sitter for the event? Please contact 905-892-2607, ext. 341 for details! Tickets are \$10.00.

Pelham Summerfest 2013 - Thursday, July 18 until Sunday, July 21

Thursday "Summerfest Opener" 4pm-10pm - Art in the Park; Bandshell Concert; Farmers' Market; Beer & Wine Garden in Peace Park

Friday "Pelham Night of Art & Teen Movie Night" 4pm-11pm - Community Art Wall; Live Music; Movie under the Arches; Beer & Wine Garden

Saturday "Street Festival" 10am-midnight - Kid Zone; Active Zone; Live Music; Art in the Park; Food & Retail Vendors; Beer Pavillion

Sunday "Pancake Breakfast & Family Fun Walk" 9am-2pm - Art in the Park; Live Music

For more information, please visit www.pelhamsummerfest.ca and come "Chill on the Hill!"

Pelham Night of Art - Call for Artists

Pelham Night of Art takes place Friday, July 19 from 4pm to 10 pm, and is part of the highly anticipated Pelham Summerfest 2013. All Pelham artists are invited to enter in one of the following categories: **Youth Visual Art (8-18 years of age)** 1. Assemblage; 2. Drawing; 3. Painting; 4. Photography; 5. Sculpture; 6. Performance (All ages - 10 to 90 minute performances) 1. Music; 2. Drama; 3. Dance; 4. Other. Application and full details available at www.pelhamsummerfest.ca. Please deliver entries to Jessica Ruddell at Pelham Town Hall, 20 Pelham Town Square, Fonthill, ON L0S 1E0.



NOTICES & REMINDERS

Join the Communities in Bloom and Canada Day Committees!

Both Town committees are looking for interested members! To join or for more information, contact (905) 892-2607 ext. 341.

Book the Arena Hall or Old Pelham Town Hall for your next function or event!

For more information, contact (905) 892-2607, ext. 347.

List Your Business in the Town of Pelham Recreation, Culture & Wellness Guide

Fill out a business directory information card with the Town of Pelham by visiting Town Hall or contact 905-892-2607, ext. 315.

Keep Pelham Streets "Lit"

Report any problems you notice with Town streetlights to Public Works at (905) 892-2607, ext. 332. Please remember to provide the pole number for the hydro utility to investigate.

Reminder for Dog Owners

Please note that in accordance with By-Law 97-2010, dog owners and walkers are required to remove all feces left behind on private or public property. Please remember to be responsible and stoop and scoop!

Open Air Burning Permit

Please note open air burning requires a permit at a cost of \$20 annually. Pick up yours at Pelham Fire Station #1, 1177 Highway #20 West, Fonthill. For more information, contact (905) 892-3943.

BBQ Safety Tips

When lighting your propane barbecue, open the lid and strike your match or lighter before turning on the gas. Check cylinder connections and hoses for leaks. Never use or store a propane barbecue indoors or in any enclosed space, including a garage. Keep propane cylinders at least 1.5 meters from any building opening.

Come Chill on the Hill **Pelham Summerfest 2013** July 18, 19, 20 & 21st

Scotiabank

Scotiabank (Branch #57372) is proud to be a Gold Sponsor of this year's Pelham Summerfest. Pictured here are employees from the Thorold Road and Niagara Street branches presenting a cheque to Dr. Gary Accursi, chair of the Pelham Summerfest Committee. Scotiabank will be sponsoring the wine and beer garden on Thursday July 18th and Friday July 19th as part of the Art in the Park and Pelham Night of Arts at Peace Park in downtown FortHill.

PELHAM ARTS SCENE AT SUMMERFEST by the Summerfest Committee

Pelham has always been known for a vibrant Arts scene. The Pelham community embraces the arts and has more than its fair share of excellent artists, musicians, actors and photographers, all as well known throughout the Niagara region as they are in their own hometown. For the second year running, Pelham Summerfest has chosen to include a celebration of the Arts in the Festival.

On Thursday July 18th, Summerfest kicks off with Art in the Park, a juried art show featuring two dozen artists whose works range from oils and watercolours to pottery and jewellery. Art in the Park takes place at Peace Park in downtown FortHill and spans the entire four days of Summerfest (Thurs July 18 – Sun July 21). Come on out and stroll through the grounds. Purchase an original piece of art and meet the talented individuals who made it or get back in the Scotiabank sponsored Wine & Beer Garden (Thurs July 18 & Fri July 19), enjoy a beverage and listen to one of the many musical groups playing on the Art in the Park Stage or the FortHill Bandshell. For a listing of the artists appearing at the Art in the Park event, please check out the Summerfest website at www.pelhamsummerfest.ca and click on the pink Art Zone icon. For the musical groups performing, click on the dark blue Music icon.

Also on Thursday July 18th, attend the unveiling of the Pelham Community Art Project. This project, spearheaded by Forestgreen Creations Inc., will include the implementation of three free-standing art structures in Peace Park. The structures will be decoratively illustrated by members of the community throughout the course of Pelham Summerfest. Anyone can purchase a designated area on the art wall on which to create their own unique design using supplied materials. Volunteers are still needed to help out with the project. Secondary school students, who volunteer, can earn valuable 'community hours' toward their diplomas. Click on the light pink Flip Flop, volunteer icon on the website.

On Friday July 19th, the Pelham Art Festival Inc. sponsors the Pelham Night of Arts. This free, family-

friendly event is designed to celebrate the arts and highlight their value in the local community. A mix of visual arts, music, dance and theatre, organized by Taylor Wallace, will take place at and around the FortHill Bandshell that evening. Giant FM (91.7) will be onsite with free giveaways for everyone; look for their Summer Cruiser parked nearby. Also that evening, graduates from the Niagara College Graphic Design Program (Shelia Frossey, Andy Gaskin and Pelham resident Jessica Ratté) will be on hand demonstrating the creative abilities they learned under the guidance of Professor James Giffels. Fine Art model and artist, Emily Andrews and digital artist, Catherine Graft will also be participating. Look for the Niagara College tent and drop in to see them at work.

Friday night is also Pelham Summerfest's Teen Movie Night Under The Archies, sponsored by the Town of Pelham. There will be a preview showing of all the youth art submitted this year before the start of the outdoor movie. The fun begins at 9:00 p.m. and runs until around 11:30 p.m. Parent pick-up and their teens will take place in front of the Town of Pelham Municipal Building at midnight (once the movie is finished). Check out the Pelham Summerfest website for the name of the movie chosen by voters through Survey Monkey. Click on the black, Movie Clapboard icon on the site.

On both Thursday July 18th and Friday July 19th, Scotiabank will be sponsoring a Wine & Beer Garden located in Peace Park. Forestgreen Creations Inc. has created a unique, organic sculpture that will serve as home to the Wine & Beer Garden. Look for the draped, white sail in Peace Park and there you will find the featured wines of Featherstone Winery Westcott Winery and Calamita Winery and the 100% all natural, award-winning beers of Cool Beer Brewery from FortHill. On Thursday July 19th, purchase a glass of wine and receive a free, limited-edition Pelham Summerfest goblet (while supplies last).

Come on out to Pelham Summerfest this year, support our local artists, enjoy the entertainment and 'chill on the hill'.

Dr. Kimberly Dobson

DENTISTRY
IN THE VILLAGE

SMILES WITH CARE

*Book for a new patient exam
in the month of July
and receive a*

FREE ELECTRIC TOOTHBRUSH.

CALL TODAY TO BOOK YOUR APPOINTMENT

905-892-0004

20 HWY 20, UNIT 13,

FONTHILL (In the Fonthill Plaza)

Visit us on line at www.dentistryinthevillage.ca

Evening
appointments
available

Going on holidays?

Stay connected with the
WELLAND TRIBUNE
wherever you are with
edition

Print, save and share your favourite stories

Receive your **WELLAND TRIBUNE** by email

Get mobile access on your cell, blackberry, iPhone and iPod touch devices to stay connected

RSS feeds, social networking & blogging

Online features such as tabbed sections and daily content highlights make navigating easier!

13¢ a day!
\$3.99 month

wellandtribune

edition

PROMO CODE: 2013 \$3.99

Visit PelhamSummerfest.ca

Advertorial Feature

TO ORDER YOUR ONLINE SUBSCRIBE TODAY VISIT:

edition.wellandtribune.ca

■ JULIA'S JOURNEY

Spirit of the Froggy Princess lives on

MARYANNE FIRTH
PelhamNewsStaff

WELLAND — It has been nearly four years since Julia D'Innocenzo lost her battle with cancer.

Despite time gone by since the three-year-old's untimely passing, her spirit still shines brightly each and every year as her family and friends gather to celebrate her memory.



D'Innocenzo

About 200 people come together annually at Merritt Island for Julia's Journey, a fundraising walk and run held on the Sunday closest to Julia's July 25 birthday.

It's a celebration of the life of the Froggy Princess — the nickname given to Julia for her love of frogs and the colour green — and also a chance to support two worthy causes.

This year's walk, taking place Sunday, July 21, will see funds donated to Ronald McDonald House in Hamilton, which offers families with sick children a place to stay near McMaster Children's Hospital, and Alivia's Rainbows, which sup-

ports families coping with pediatric cancer situations in Niagara and provides items for children undergoing treatment at McMaster.

"I can't even describe what it means to us," says Christina D'Innocenzo, Julia's mom, as she tries to explain how it feels to help organizations who assist families in the same situation the D'Innocenzos found themselves in a few years back.

Ronald McDonald House is where they stayed when Julia was in hospital. It was a place where irreplaceable memories were made in the final days of Julia's life, Christina says.

"No amount of money could give us the memories that house gave us. To be able to give back, and in Julia's name, it means the world."

"We're just trying to make something good out of a bad situation."

The hope for this year's walk is to top last year's fundraising total of \$13,000. Julia's Journey has raised more than \$70,000 since 2009, Christina says, while thanking those who have shown support over the years.

She admits the walk is a very emotional day for the family, but one that is filled with much love and support from friends, families and complete strangers in the community.

see JULIA | page 10



ROYAL LEPAGE
Nagara Real Estate Centre Inc., Brokerage
Office: 905-892-0222
Cell: 905-651-5143
rbrown@royalpage.ca
www.homesinagora.com
637 Niagara St. Unit #2
Welland, Ontario
"Selling Throughout Niagara"



RBC Financial Planning



Ian McCall, PFP
Financial Planner
289-213-3779
ian.mccall@rbc.com

**Define Retirement Your Way.
Start the Conversation Today.**

Advice you can bank on™

Financial planning services and investment advice are provided by Royal Mutual Funds Inc. (RMFI), RMFI, RBC Global Asset Management Inc., Royal Bank of Canada, Royal Trust Corporation of Canada and The Royal Trust Company are separate corporate entities which are affiliated. RMFI is licensed as a financial services firm in the province of Quebec.
© 1997 Trademark of RBC Royal Bank of Canada. All rights reserved. Registered trademarks of Royal Bank of Canada. ©2011 Royal Bank of Canada. Used under license.

**Buy or Sell
REAL ESTATE**
classifieds

FOR PEOPLE GOING PLACES



Mario Bruno

Director of Operations
Lexus | Toyota | Scion

Performance Auto Group is pleased to announce the appointment of Mario Bruno, Director of Operations, Performance Lexus Toyota Scion.

Mario Bruno, born and raised in Niagara Falls and a resident of Grimsby for the past 19 years, has worked nearly 30 years in the automotive industry managing all aspects of dealership operations.

"I am extremely pleased to be representing the Toyota brand in St. Catharines and the Lexus and Scion brands exclusively in Niagara," notes Mario Bruno.

Mario invites friends, family, guests, and associates to call, email, or visit him at Performance Lexus Toyota Scion.

WE ARE HAPPY THAT MARIO HAS CHOSEN TO GO PLACES WITH US.

Performance Lexus Toyota Scion

for people going places

262 Lake Street St. Catharines

905-934-3336

www.performancetoyota.ca

mbruno@performancecars.ca

We'll give you something to SMILE about!



Norbert Gieger » 905.835-2155

- Full & Home Services • Emergencies & House Calls
- Free Consultation • Upper & Lower Dentures
- Some Day Report & Sales Service Available

188-A West St. Port Catharines

ROCKWAY VINEYARDS GOLF WINE DINE
FORMERLY ROCKWAY GOLF COURSE & ESTATE VINEYARD



Three Unforgettable Experiences, One Unique Destination

www.rockwayvineyards.com

July Golf Specials!

All Prices subject to HST, For your tee times call 905-641-4536, www.rockwayvineyards.com

Parent & Child Special
Includes 5 Holes with shared parent cart for 1 Adult & 1 Junior under 18.
Plus 10 regular with or without parent time for a slightly different event.
Everyday in July after 4pm

WEEKDAYS

\$39
18 Holes Golf Walking

\$49
18 Holes Golf Riding Cart with GPS

WEEKENDS

\$49
18 Holes Golf Walking

\$59
18 Holes Golf Riding Cart with GPS

9 Holes of Golf with Riding Cart

SUPER TWILIGHT EVERYDAY AFTER 6PM

\$29
Unlimited Golf Walking

\$39
Unlimited Golf Riding Cart with GPS

3290 Ninth Street, St. Catharines Between Jordan & St. Catharines 905-641-4536



GET INVOLVED! JOIN A TOWN COMMITTEE!



The Town of Pelham is seeking interested residents to join the Pelham Communities in Bloom and Canada Day Committees.

Visit www.pelham.ca or Town Hall (20 Pelham Town Square, Fonthill) to apply before **Wednesday, August 7, 2013**. All applications must be submitted to the Town Clerk.

For more information, please contact 905-892-2607 ext. 315.

Individuals appointed to the committees will be required to sign the Town of Pelham Code of Conduct for Appointees to Boards and Committees, Policy Council 27, as a condition of appointment.

■ JULIA

Event helps keep memory alive

FROM PAGE 9

"This event means a lot to us. It helps to keep Julia's memory alive," she says.

There's no fear, however, of the bubbly youngster's memory being forgotten in the D'Innocenzo household.

where along with mother Christina and father Donny, Julia is remembered by brothers Christopher and Lucas.

Though youngest sibling Charlee, 2, never met her big sister, she will grow up knowing her through stories and hearing the impact she had on the lives of others in the community, thanks in part to the walk, Christina says.

Julia's Journey has been expanded this year to include inflatables, face painting, a barbecue and a live and silent auction for people of all ages to participate in following the walk.

"We noticed that we have a lot of families who come out and support us, so we wanted to make it more of a family event," says Christina.

About 100 people have registered for the walk thus far, but Christina is anticipating numbers to increase as the date draws near.

People who register prior to July 7, which can be done at www.juliassjourney.ca, are guaranteed a free event T-shirt. Donations can also be made online.



Supplied photo

The fourth annual Julia's Journey charity run/walk, held in memory of Julia D'Innocenzo, takes place July 21 at Merritt Island. All proceeds raised benefit Ronald McDonald House in Hamilton and Alivia's Rainbows.

Anyone interested in volunteering at the event or donating to the silent auction can e-mail dinnozenzo@cocego.ca for more information.

maryanne.firth@sunmedia.ca
Twitter: @mfirthTribune

Thomas AUDIO VIDEO UNLIMITED

It rained, it poured, and then went the roof...

Our store is currently 'under the weather' due to the recent heavy rains, so we are temporarily closed in order to see necessary repairs.

This process includes a new roof, updating the interior showroom and removing all products that have had any water damage or water exposure, then bringing in what's new.

**We are excited for our grand re-opening to take place shortly!
What does this mean for you?**

We apologize for any inconvenience this may cause you, we are actively working to re-open in a timely manner. Do not hesitate to contact us in the meantime if you have any questions or need any further information. In the meantime, we are available at our supporting location and by appointment in your home.

Thomas AUDIO VIDEO UNLIMITED

130 THOROLD RD., WELLAND ON
905-788-3221

SAME PRICE....GOOD ADVICE
jeff@thomastv.com
www.thomastv.com

BEAT THE HEAT!

ROLLTEC® RETRACTABLE AWNINGS

THE ONLY CANADIAN MADE RETRACTABLE AWNING WITH A 10 YEAR WARRANTY

- large selection of designers fabrics
- manual or motorized
- custom made

fdekker727@hotmail.com • (905)374-7084
NIAGARA FALLS, ON

New Pelham planner

The Town of Pelham will welcome its new director of community planning and development on July 29.

Noushy M. Tavassoli most recently served as the senior planner with the City of Windsor, and was responsible for developing guidelines, standards, poli-

cies and bylaws for the city's official plan and community improvement plans.

Tavassoli brings to Pelham more than 20 years' experience as an urban planner, manager and professional architect in public and private sector positions.

— Staff



Aaron Boggio
R.Ph. B.Sc. PHM



Ask Our
Pharmacists



Ron Parton
R.Ph. B.Sc. PHM

LAXATIVES AND CONSTIPATION

Very rarely does a day go by where there isn't a question about constipation from a patient stopping by the pharmacy. Most patients want to know what they should take that is available without a prescription.

Constipation is a symptom that occurs when waste moves too slowly through the body, resulting in stool that is dry and hard. This often makes it difficult and painful to pass.

Some medications such as antidepressants, water pills, and certain pain killers (such as Oxycontin and Codeine) may cause constipation.

The frequency of bowel movements varies from person to person, from as little as twice a week to a couple of times a day, and is affected by diet, medications, and exercise.

If you are having trouble going to the washroom, the first thing a pharmacist will usually recommend is increasing the amount of fibre in the diet by eating whole grains, fruits and vegetables. In addition, drinking at least 8 glasses of water will minimize constipation.

If these suggestions do not work, there are several options available to you.

For short-term treatment of constipation, (if you haven't been to the washroom in several days), a saline laxative such as Milk of Magnesia can be tried. Alternatively, glycerin suppositories work quite well. If symptoms still do not resolve you could consider an enema with the advice of your physician. Stimulant laxatives such as Dulcolax and Senokot can also be used to maintain regularity. If you are on long term narcotic therapy you may need to take these types of medications as long as you are taking the narcotics.

For long-term treatment of constipation, bulk-forming agents such as Metamucil or Prodiem Plain can be used. These bulk-forming agents increase the stool weight, allowing the stool to pass through the body faster and cause more frequent bowel movements. These agents typically take about 12-72 hours to take effect and are usually safe to use for long periods of time. When taking bulk-forming agents, it is recommended to drink lots of fluid.

For young children there are a few options. For immediate relief a pediatric glycerin suppository can be tried. For chronic long term management PEG 3350 is often prescribed, or is available over-the-counter as LAX-A-Day. You should consult your family doctor however if you want to try an oral medication for a child suffering from chronic constipation.

If you are not having trouble going to the washroom, but you find the stool to be too hard and painful to pass, the pharmacist may recommend a stool softener such as Colace (docusate sodium) that will soften the stool for increased comfort.

Before deciding on a therapy, talk to a pharmacist and they can help you decide on a treatment that is right for you.

BOGGIO & PARTON

155 Hwy. 20 W, Fonthill

905-892-4994

www.boggios.com

SUPER GIGANTIC COLOSSAL

WALL TO WALL WAREHOUSE SELL-OFF SALE

NO TAX NO TAX SALE

AND FREE DELIVERY

ON ALL IN-STOCK CARPET AND VINYL

COME ON DOWN... NOBODY BUT NOBODY BEATS OUR PRICES

OFTEN IMITATED...NEVER DUPLICATED



A-1 FLOORING

WELLAND

Hwy. 20
Clark St.
Welland Rd.

Nearby Rd.

Monday - Thursday: 8am - 6pm

Friday: 8am - 7pm

Saturday: 9am - 4pm

6 Clark St., Welland • 905.735.3223 • 1.800.827.4230

Financing Available - See Store for Details







MEAT SHOPS

BBQ SEASON

at its best

MARINATED SIRLOIN STEAKS

PREMIUM QUALITY MARINADES!

Choose from:

• Barbecue • Mesquite • Teriyaki • Pepper • Herb & Garlic

4 STEAKS x 170 g/6 oz

Reg. Price 14.99

4 STEAKS FOR ONLY

9.99

MAX

SAVE \$5

ONLY \$2.50

PER STEAK

Cut from government inspected Canada AA or higher beef.



Teriyaki

Gourmet Chicken Breasts

Choose from: • Parmigiana • Swiss • Kiev • Florentine • Breadcrumbs & Cheese • Caesar

170 g/6 oz Sold Individually
Individual Sale 2.99
Reg. Price 3.99

BUY 4 OR MORE
FOR ONLY

2.49

each
MAX

save \$1.50



Swiss

6 oz Bacon Wrapped Beef Filet Mignons

4 STEAKS x 170 g/6 oz

Reg. Price 21.99

Cut from government inspected
Ungraded beef.

4 STEAKS
FOR ONLY

15.99

MAX

save \$6

ONLY \$4

PER STEAK



Boneless Chicken Breasts Seasoned & Skinless

8-12 PORTIONS

1.36 kg/3 lb

Reg. Price 19.99

15.99

MAX

save \$4



Chicken Strips

27-33 PIECES

1.36 kg/3 lb

Reg. Price 17.99

12.99

MAX

save \$5



Attention Seniors 60 and over...

EVERY TUESDAY IS SENIORS' DAY

RECEIVE 5% OFF YOUR PURCHASE

DOUBLE THE DISCOUNT!

Receive 10% OFF when you purchase more than \$30.
Valid proof of age required. Purchases of Gift Cards and taxes excluded.
Not to be used in conjunction with any other offer.

24 HOUR

eorder

www.mmmeatshops.com

Save time – place your order online, 24 hours a day!

YOU ORDER IT. WE PACK IT. YOU PICK IT UP.

ALL PRICES IN EFFECT FRIDAY, JULY 12 TO THURSDAY, JULY 18, 2013, UNLESS OTHERWISE STATED.

BEAR SIZE BEEF BURGERS

AMAZING ON THE BARBECUE!

- Perfect for truly bear-size appetites
- Mildly seasoned, juicy beefy flavour

6 BURGERS
6 x 170 g/6 oz
Reg. Price \$11.99

999 MAX
SAVE \$2



REGULAR CUT NEW YORK STRIPLOIN STEAKS

6 STEAKS x 170 g/6 oz
Reg. Price \$5.99

8 STEAKS
FOR ONLY
23.99 MAX
save \$2

ONLY \$4
PER STEAK



Cut from government inspected New Zealand FS

BACON WRAPPED CHICKEN OR TURKEY

Choose from: • Chicken • Turkey
4 PORTIONS x 142 g/5 oz
Reg. Price \$9.99

7.99 MAX
save \$2



Chicken

JUST-LIKE-HOMEMADE DESSERTS

Choose from 8 varieties.
8" x 12" TRAY \$59 g/1.87 lb
Reg. Price \$2.99

11.99 MAX
save \$1



Macaroon
Madness Bars

1 WEEK ONLY!

JULY 12 TO JULY 18, 2013

Present this coupon when you purchase our
**Supreme Homestyle
Beef Burgers** receive a

FREE
CONTAINER OF ICE CREAM



M&M's
Present this coupon with 1 package of a package of Supreme Homestyle Beef Burgers and receive a FREE container of Ice Cream. Limit one FREE container of the chosen per family, per household. Valid between July 12-18, 2013. \$2.99 Max to be used with any other offer. Offer available while quantities last. Valid at the Regency Ice locations only.

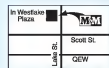
Come and meet your local franchisees at a location near you!



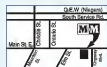
ST. CATHARINES
210 Glendale Ave.
905-682-3121
(in the Parade Plaza)



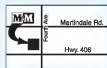
FONTHILL
20 Hwy 20 E.
905-892-4765
(in the Fonthill Shopping Centre)



ST. CATHARINES
353 Lake St.
905-646-8812
(in Westlake Plaza)



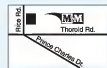
GRIMSBY
36 Main St. E.
905-945-9400
(at Kingway Blvd.)



ST. CATHARINES
100 Fourth Ave.
905-682-6328
(between Hwy. 408 & Main Rd.)



NIAGARA FALLS
6225 Thorold Stone Rd.
905-354-0186
(at the 5 corners)



WELLAND
30 Rice Rd.
905-735-6819
(at Thorold Rd.)

All prices in effect Friday, July 12 to Thursday, July 18, 2013, unless otherwise stated.



OVER \$7,000,000.

WORTH OF NEW & CERTIFIED
ON SITE & READY FOR IMMEDIATE DELIVERY

**MAKE NO MISTAKE:
DAVID SELLS
FOR LESS!!**

***FINANCING & LEASING FROM 0%
FACTORY CREDITS, ALLOWANCES & DISCOUNTS TO
\$10,000*, MAXIMUM DEALER PRICE DROPS
PLUS: OTHER ELIGIBLE FACTORY PROGRAMS**

**COME TEST DRIVE A NEW
2013 CRUISE OR SONIC.
from 0% FINANCING up to 84 MONTH.
0% LEASING & AFFORDABLE PAYMENTS!**

*****VOTED #1 BY READERS CHOICE FOR YOUR NEXT NEW OR USED VEHICLE PURCHASE!!!**



#1 Winner of the 2013 Readers Choice Award

**915 Niagara Street,
Welland, ON**

www.davidchevpreowned.com



Visit Us

Over 100

**GUARANTEED LOCAL TRADE
PRE OWNED VEHICLES TO C**

REMEMBER David Only Certifies & Reconditions Tires
Confidence In...We Only Offer The Good Ones To



2011 CRUIZE LS 4DR
Granite Metallic, Local Trade
~~\$13,999~~
 \$12,999
PRICE



Fire Red, Local Trade
~~\$16,999~~
 \$13,875
 MSRP



\$21,999



HR LT TEAM CANADA FWD 5DR
Ice White, Sunroof
~~\$21,294~~
\$14,675



MSRP \$15,675



COBALT LT COUPE TEAM CANADA
Black, Local Trade
~~\$14,999~~
\$12,999
MSRP
EX-PRICE



LUCERNE CXL 4DR SEDAN
Black Onyx, Leather
~~\$23,999~~
MSRP #233 91
\$18,999
PRICE



\$24,999

*Cash credit allowance of \$150 on Shwedo VMC Crew Cab pickup is a combination of dealer credit allowance of \$150 plus \$200 cash allowance applicable with standard rates on

FINANCE OFFERS CASH OFFERS: All B-Merely payments and cash prices include freight & PD, 10% grant and OTC's inspection. It is not the intent and OTC's not to deliver here.

Total obligation is \$11,100.00. O.A.C. Pig swayed vehicle cost offers include the grand and Global | registration, OMVIC and dealer fees. Court taxes & Lic extra.

JULY

LOOK FOR OUR
TENT OF SAVINGS!

Super Days!

David Chevrolet Buick GMC

CUSTOMER APPRECIATION EVENT

WE VALUE YOUR BUSINESS



2013 SONIC
51 mpg-
Hwy Est.



2013 CRUZE
56 mpg-
Hwy Est.



2013 MALIBU
50 mpg-
Hwy Est.



2013 VERANO
46 mpg-
Hwy Est.



2013 EQUINOX
46 mpg-
Hwy Est.



2013-TERRAIN
46 mpg-
Hwy Est.

BUY WITH CONFIDENCE
30 DAY EXCHANGE PRIVILEGE
*Balance of Factory 150,000 km Power Train Warranty or David's 90 Day 100% Power Train Warranty

SAVE HUGE!

Before you buy...check out our **ROCK BOTTOM PRICING** ON ALL OUR PRE-OWNED VEHICLES

- Every Vehicle Mechanically Road Tested - All Certified Vehicles Drive-Down Certified

INS & CHOOSE FROM!

The Trade-Ins They Have
Our Valued Customers.



2011 TERRAIN SLE-2 FWD
Good Most Metallic, Local Trade
MSRP \$22,999
SALE PRICE \$22,999



2011 AVALANCHE LTZ CREW 4WD
Blue Granite Metallic, Local Trade
MSRP \$33,999
SALE PRICE \$33,999

See all the news unfolding 24/7

Your Canadian news just a click away

VISIT **canoe.ca**

A Quebec Media Company

Pelham Hills Golf Club

Golf Specials

**Golf & Ride
Weekdays**

**2 for
\$70** + tax

with this ad
**Monday to Friday
Excluding Holidays**
Call for Tee Times

**Golf & Ride
Weekends
& Holidays**

**2 for
\$90** + tax

with this ad
Call for Tee Times

**Seniors
Special
Golf & Ride
Weekdays
Only**

\$40

tax included
(Over 60 yrs. of age)
Call for Tee Times

**Weekdays
All Day -
18 holes
Walking
July Special**

\$25 + tax

Excludes Holidays
Call for Tee Times

**Friday
Nights
Golf & Dinner**

9 holes and
Fish & Chip Dinner

Mixed Couples

\$40 per couple

Walking

\$50 per couple

Riding

OPEN TO THE PUBLIC

Friday Fish & Chips Dinner

\$9.95 + tax



RCMP

Mounties work with all agencies

FROM PAGE 2

The federal police have many responsibilities, which include working full-time to "maintain border integrity," through customs and immigration. The police force also works on cases related to drug trafficking, and major organized crime across all of county boundaries and jurisdictions.

The local inspector gave the example of a typical operation the RCMP might see in Welland.

"If we come into possession of Intelligence of a drug trafficker connected to organized crime crossing provincial and international boundaries, we will strike up a partnership, collect evidence, perform seizures, and disturb their normal way of doing business to lend to public safety," Martin said.

He said the RCMP works in partnership with Niagara Regional Police, as well as every police force in Canada, and provincial and federal agencies.

see MOUNTIES | page 17



196 Webber Road, Pelham, Ontario • 905-735-6768 • www.pelhamhills.ca

Canada One Factory Outlets' BIG Tent Sale

BIG SAVINGS
under the **BIG TOP**

**JULY 12 TO
JULY 21, 2013**

FEATURING:

adidas
OUTLET STORE

la Vie en Rose

MEXX

SALOMON

SURPLUS
OFFICIAL
DIESEL OUTLET

**canada one
factory outlets**
40 brand name stores
NIAGARA FALLS, ONTARIO, CANADA

**GREAT
BRANDS**
Even Greater Prices

Lundy's Lane @ QEW, Niagara Falls • 905-356-8889
Mon. - Sat.: 10am-9pm • Sun. and Holidays: 10am-6pm
www.canadaoneoutlets.com

■ MOUNTIES

Majority of what RCMP does is 'plain-clothes work'

FROM PAGE 16

When working on cases in Niagara, the RCMP tend to maintain a low profile

to protect the integrity of operations.
"A lot of what we do is plain-clothes work related

to covert operations. Some people call it undercover. We just call it plain-clothes work," said Martin.

"I don't think they (the public)

necessarily do realize (the RCMP's role in the community.) They look for visible clues. It's something we probably have to work vigorously more on," he added.

With 32 years' experience, Martin said choosing to become a member of the

RCMP has led him to do things he wouldn't have been able to do if he worked for another agency.

"I've been to six foreign countries in undercover capacities and I've had the benefit of working with police colleagues from around the

world and locally."

Martin wanted the public to know the RCMP detachment is open for anyone to report crimes of a federal nature.

More information about the RCMP can be found at www.rcmp.gc.ca.



NiagaraTEA
neob botanical beverages
opens festival weekend 



festival
lavender
july 13&14

A "NEW" TYPE OF CHARITY PROGRAM
Lavender Festival
www.niagaralavenderfestival.com

Try the botanical soda's at the festival

905-682-0171 • 1-877-320-6362 • 758 Niagara Stone Rd.


*Serving Our Community
For Over 60 Years*



**GLENMOUNT
MEMORIALS**

Niagara's only
"Certified Memorialist"

Port Colborne
3114 Hwy 3 East
905-834-9587

Welland
301 Aqueduct St.
905-735-9717

Niagara's Largest
Selection of
Granite Monuments

New at Glenmount
Discover Outdoor Fountains
Garden Benches
Birdbaths and Planters



Create a
Peaceful Backyard Space



Hollywood Style Spanish Colonial Executive Manor!! AUCTION ON LOCATION

July 14th, 2013 AT AUCTION 1 P.M. SHARP

Viewing at 12 Noon

55 YATES STREET, ST. CATHARINES, ON L2R-5R7

This Property will Amaze!! The Conroy Manor, A Magnificent 1920's Manor, a home of true means and distinction, filled with Harareites, Works of Art known Artists, Many Fine Prints, Finest of Furniture and Furnishings, Antiques, Collection of Royal Dux and Royal Dalton and other Porcelain Figurines, Engraving Large and Small Bronze Sculptures from around the globe, hand cut Crystal Ornamentation and crystal handmade Jewelry, Silk & Wool Persian Carpets, Gold & Platinum Gemstone Jewelry collected over years of world travels, Large Assortment of Sports Cards and Collectables, TV's electronic, games, A bookcases, Garmin GPS, 30 LED TV, 2009 Acura, Fiat A5V, Native Art and carvings, DIAMOND JEWELRY, SWISS MADE GENTLEMANS BREITLING CERTIFIED CHRONOMETRE, Diamond Girth Watch, A very large Safe, Many many items of true merit!!

AUCTIONEERS NOTE: This day is certainly a rare treat, come see this impressive & unique property with its 100's of treasures and bring home some for yourself!! Over 700 lots in one day.

For further information please email smartliquidations@53@yahoo.com, and for pictures and further details please check www.auctioneers.ca/auctions/auctioneers/smart-liquidations

Property is for Sale With Sally McGarr Realty Corp.

PAYMENT: Visa, M/C, Direct Debit, Cash

TERMS AND CONDITIONS: All items sold as is where is, standard auction terms and conditions apply, as per auction registration contract agreement and per auctioneer. 12% recovery fee to be added, Auction conducted by Smart Liquidations 21963999 Ontario LTD.

Thank-you for the huge attendance at the exciting first auction session. However due to the Heat Wave that day, we were only able to auction 30-40% of the contents of this extraordinary home. You are now invited to attend the 2nd & FINAL AUCTION.

■ BANDSHELL

Witter has 10 top-10 radio hits

FROM PAGE 2

From his first self titled record, to *All My Life* and *Forgiveness*, Jim has had 10 top ten radio hits in Canada, 7 hit videos on CMT and impressive chart action in the U.S. on Billboard and R&B.

Jim's music and songwriting have been recognized on both sides of the border, earning him multiple awards and nominations from the

Canadian Country Music Association, the Juno Awards, and most recently the Dove Awards in Nashville, where Jim's album *Forgiveness* was nominated for Inspirational Album of the year.

"Songwriting has always been a real love of mine," says Jim. "I feel very fortunate to have been able to work with so many incredible song-writers over the past years, like Steve Wariner for instance. Not only

have the collaborations produced songs that I am very proud of, but I have gained an invaluable education and created lifelong friendships along the way."

A few years ago, Jim came up with the concept for the show *The Piano Men*; a musical journey through the 70's featuring the songs of Billy Joel and Elton John.

"I was always a big fan of acoustic music-especially the

folk of the '70s: James Taylor, Harry Chapin," he reveals, "but my real mentors were Billy Joel and Elton John." This multi-media rock musical has turned out to be a hit, receiving rave reviews from music critics all across North America.

Jim still lives in southern Ontario with his wife, Rebecca, and their four children, James, Roslyn, Ryan and Luke.



Supplied photo

Jim Witter will perform during the Thursday Night Concert Series in Peace Park on July 11.



SHIFT INTO SUMMER

5 REASONS TO SERVICE YOUR CAR AT...



BRAKE SYSTEM MAINTENANCE

Canadian Tire Auto Service offers:

- **Convenient hours** including early bird drop off; plus you can shop while we service your vehicle.
- **Nationwide Warranty** Your satisfaction is our business. Minimum warranty of 100 days or 5500 km. Over 500 locations.
- **Price Match Guarantee** We will meet and beat any competitors written quote by 10%.
- **A drop-in service** bring in your vehicle without a scheduled appointment.



DEFERRED PAYMENT PLAN

DON'T PAY FOR 12 MONTHS ON ANY SERVICE OF \$200.00 OR MORE. GET THE SERVICE WHEN YOU WANT THEM

GLENDALE AVE
ST. CATHARINES
905 227-7481

WELLAND AVE.
ST. CATHARINES
905-888-0488

MCLEOD RD.
NIAGARA FALLS
905 358-0161

LOUTH ST.
ST. CATHARINES
905 682-8275

MONTROSE RD.
NIAGARA FALLS
905 354-3848

GARRISON RD.
FORT ERIE
905 871-1564

WEST SIDE DR.
PORT COLBORNE
905-835-1155

PRIMEWAY DRIVE
WELLAND
905-732-7501

Happy birthday



JOE CSEH Tribune Photo

Hundreds of people gathered along Haist St. July 1 to watch the town's Canada Day parade.

Crossley award winners



Supplied photo

Ted Riehl (left) and Bonita Riehl (right) present E.L. Crossley graduates Natasha Love and Kurtis Barnes with the Isaac Riehl Memorial Award.



SHIFT INTO

SUMMER

TAKE A LOOK
UNDER THE HOOD

AUTO SERVICE



Tune up your car

Canadian Tire Auto Service offers:

- **Convenient hours** including early bird drop off; plus you can shop while we service your vehicle.
- **Nationwide Warranty** Your satisfaction is our business. Minimum warranty of 100 days or 5500 km. Over 500 locations.
- **Price Match Guarantee** We will meet and beat any competitors written estimate.
- **Deferred Payment Plan** get the services you need when you want them.
- **A drop-in service** bring in your vehicle without a scheduled appointment.

GLENDALE AVE
ST. CATHARINES
905-227-7481

WELLAND AVE.
ST. CATHARINES
905-889-0488

NCLEOD RD.
NIAGARA FALLS
905-358-0181

LOUTH ST.
ST. CATHARINES
905-882-8276

MONTRORSE RD.
NIAGARA FALLS
905-354-3848

GARRISON RD.
FORT ERIC
905-871-1684

WEST SIDE DR.
PORT COLBORNE
905-895-1165

PRIMWAY DRIVE
WELLAND
905-782-7501

save 51% AND ENJOY A NIGHT OUT

Subscribe to 26 weeks of Daily Home Delivery of the Welland Tribune for \$99.75 and receive a CINEPLEX NIGHT OUT CERTIFICATE.

on us!

(2 GENERAL ADMISSIONS - 2 REGULAR FOUNTAIN DRINKS - 1 REGULAR POPOORN - VALUE \$42.37)



THAT'S LIKE ONLY

37¢



a day!

FOR 26 WEEKS
OF DAILY HOME
DELIVERY!

DON'T DELAY - CALL NOW

1-855-533-5594

QUOTE: NIGHTOUT

Certificates are not available for pick-up at the Welland Tribune.

*The offer price of the promotion is \$99.75 tax included. This offer is available to customers who have not had home delivery in the last 35 days. This offer must be pre-paid by credit card at time of order. This offer is not available in all delivery areas. This offer is non-refundable. The Cineplex Night Out certificate is valid with a prepaid order. Please allow 4-6 weeks for mail delivery of your Cineplex certificates which are not available at your local newspaper office. No walk-in orders accepted, please call phone number provided above to take advantage of this special. GST#R29292 1453 R10001. ©Cineplex Entertainment LP or used under license. The price per day includes the value of the Cineplex Night Out certificate and is based on the term and delivery frequency of this promotion. Offer expires September 5, 2013.

Ripe for the picking



BOB TYMCZYSZYŃ CMI Agency Niagara

Cherry season has started at Duffin Farms on Rice Rd. in Fonthill, where they are picking sweet cherries. Sara Duffin picks some of the cherries for sale at the store Wednesday and visitors can also pick their own. The farm's owners expect the season to last a few more weeks.

ESNI BULLETIN

ENERGY SERVICES NIAGARA INC.

As your locally owned and operated Rental Hot Water Tank supplier and service agent,

We would like to advise our loyal customers that **ESNI does NOT** employ representatives to go Door to Door to sell, exchange or upgrade rental water heaters.

If you have any questions or concerns, please call us at
905-328-5454
Call us today to get all the facts.
Or E-mail to info@esni.ca





Thinking about quitting? Give us a call.

 **smokers'HELPLINE**
CANADIAN CANCER SOCIETY

1-877-513-5333

Stevensville GARDEN GALLERY

Sale prices in effect July 10 to July 16

**2821
Stevensville
Road**

Stevensville, Ontario

905-382-2661

Store Hours

Monday to
Saturday
9am - 8pm

Sunday
10am - 5pm

LCBO
11am - 5pm

■ ART

Nominations open for Welland artists

WELLAND — The City of Welland is looking for nominations for its third arts and culture awards to be handed out Sunday, Sept. 29.

The categories comprise: literary arts, including fiction, non-fiction, poetry and news; visual and media arts such as fine arts, film and photography; theatre; dance; music; and a lifetime achievement award recognizing individual contributions that have had a significant impact on local arts, cultural organizations and the community.

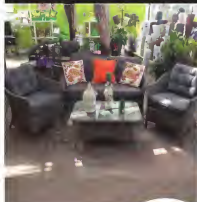
A new category this year is for admirable youth, recognizing individual contributions that have already made an impact at a young age of local arts and culture initiatives in the community.

People eligible to receive an award must be nominated by a third party and must be affiliated or have been involved with a Welland-based organization for the past three years.

The deadline to submit a nomination is Wednesday, Sept. 11, at 10 p.m. Applications are available from and may be dropped off at Welland Community Wellness Complex.

For more information call Jessica Duliaban at 905-735-1700 ext. 4012.

Summer Savings at Stevensville Garden Gallery



**Seville
Love Seat
Set**

SAVE \$700
SALE
\$1299
(Reg. \$1999)



**4 Piece
Patio Set &
Cushions**
(Available in white,
cocoa, and dark brown)

SAVE \$200
SALE
\$499
(Reg. \$699)



**Madrid
Settee**

SAVE \$400
SALE
\$599
(Reg. \$999)



**Kimberly
Queen Fern**
10"

SALE
\$12⁹⁹
or
2/ \$25
(Reg. \$19⁹⁹)



**All
Clematis**
1 Gal

SALE
\$9⁹⁹
(Reg. \$17⁹⁹)



**Baby
Blue
Spruce**
7 Gal 80cm

SALE
\$59⁹⁹
or
2/ \$100
(Reg. \$99⁹⁹)

Open 7 Days a Week - Visit us online at stevensvillegardengallery.com

**If you have a story
idea or see news
happening, we
want to hear from
you —**

**pelham.news@summedia.
ca or 905-732-2414
ext.246**

COMMISSO'S
FRESH FOODS

A shopping experience unlike any other!



California
Fresh
Peaches & Nectarines
Product of USA

.69 /lb
1.52/kg

Fresh Air Chilled
Boneless Skinless
Chicken Breast
Family Pack

3.99 /lb
8.80/kg



ONTARIO
GROWN



Fresh
Large Size
Hot House
Tomatoes
Product of Ontario

.69 /lb
1.32/kg



Lavazza
Espresso
Coffee

2.99
250g



Lactantia
PurFiltre Milk
2%, 1%, Skim

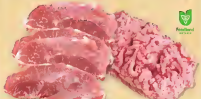
3.99
4L

Fresh from
the
Butcher Shop



Fresh Store Ground
Combination Lean
Veal, Beef & Pork
Family Pack

2.49 /lb
5.48/kg



Fresh Ontario Pork
Boneless Pork Sirloin Chops
or Fresh Ground Pork
Family Pack

1.99 /lb
4.38/kg



Fresh Capless
Prime Rib
Grilling Steaks
Family Pack

8.99 /lb
19.82/kg



WILD CAUGHT
Fresh Premium
Alaska Sockeye
Salmon

12.99 /lb
28.63/kg



Want to see even more savings?
Visit CommissosFreshFoods.com
and click on the flyer icon to
see all of our weekly specials!

Sale prices in effect Friday July 12 through Thursday July 18, 2013

FRI	SAT	SUN	MON	TUE	WED	THU
12	13	14	15	16	17	18

6161 Thorold Stone Rd., Niagara Falls, ON
Mon-Fri 7am to 9pm • Sat 7am-8pm • Sun 8am to 8pm

Rowing to medals



Supplied photo
Carly Zanatta, from left, Natalie Tavares, Hayley Vanderzanden, Maria Gearing, coxswain Ashley Ellis, Shawna Griffin, Skylar Luttjehulzen, Lauren Aiello, Adrien Kawiak and coach Brandon Campbell pose with the gold medals they won competing in a junior women's eight for the South Niagara Rowing Club at the Henley Women's Regatta in England. All but Zanatta, who attended Ridgeway-Crystal Beach Secondary School, rowed for E.L. Crossley at the high school level. They won all three of their races at the prestigious regatta.

HERE'S *our* CARD

**Keep The Numbers Of These Locally Owned Businesses
For Your Service and Shopping Needs**



Caltron Concrete Restoration Limited

Niagara's Experts in Concrete Problems
State-of-The-Art Product & Techniques

- Water Stopping
- Inside & Outside Repair
- Concrete rehabilitation
- Parging, Repair
- Concrete Toppings
- Block & Brick Repair

20 Years Serving Niagara Region
Bonded & Insured

905-374-9087

www.caltronconcrete.ca

5933 Swayze Dr., Niagara Falls, ON



PAY NO HST

Tech Stone
NIAGARA INC.

Decorative Protective Concrete Finishes
Concrete Repair & Power Washing
Porches • Patios • Walkways • Pool Decks

FREE ESTIMATES CALL 905-892-2919

**Reach Over
14,000 Readers!**
**WITH YOUR MESSAGE
IN THIS SPACE**

For Only **\$20⁰⁰** Per Week
Based on 13 Weeks

Call 905-732-2414 x.458



Visit your Local Merchants



TEMPERATURES ARE RISING!

**CALL FOR A FREE ESTIMATE ON A
FURNACE & AIR CONDITIONING PACKAGE**



**WE SERVICE
ALL MAKES & MODELS**

- MAINTENANCE
- FURNACES
- AIR CONDITIONING

BOB REID

Heating & Air Conditioning
Residential • Commercial

905-892-7787



**BREW ON
PREMISE**

BREW & WINE SUPPLIES

Ron Kazub

BREW MASTER



wineexpert
LOVE YOUR WINE

**FREE SET OF BOTTLES WITH
YOUR FIRST ORDER**

Phone: (905) 892-3133

Toll Free: 1-888-768-9463

Fax: 905-892-9919

wineofpelham@cocege.net

www.winegarden.ca

Visit us at 191 Highway 20 East in
Fonthill (at Rice Road)

GIVE YOUR HOME A NEW LOOK!



- Patio's • Stamp Concrete
 - Finishing • Sidewalks • Driveways
- FREE ESTIMATES**

Robins
CONCRETE WORK

Call 289-821-0473

**When the electricity fails...
How will you be
AFFECTED?**

**Custom Designed Stand-by Power
Installations to Suit your Needs**

Cornell Feenstra Electric Ltd.

All Types of Electrical Installation

Pole Line Installation & Aerial Bucket Truck Service

Call: 905-899-2373 • Fax: 905-899-2383

IMPORTANT NOTICE

The Businesses in the **IRONWOOD PLAZA**
****corner of Rice Road and Hwy 20****

All businesses are **OPEN** - we're **renovating** to serve you better - sorry for the inconvenience!

There is limited parking available in the front lot - accessible from Hwy 20 or Rice Road.

For additional parking please **use the new entrance off Hurricane Road** for the large back parking lot.

The **URBAN Steakhouse and Lounge**
Ironwood Wealth Management Group
MOST Accounting
Main Street Mortgage Services Ltd.
MGA Partners

■ PMBA

Minor baseball pitching BBQ

SARAH FERGUSON
 PelhamNews Staff

Youngsters will be trading in their baseball bats and gloves for a day for hotdogs, hamburgers and live music.

Pelham Minor Baseball Association is offering a free concert and barbecue at Peace Park on Saturday, July 13.

Proceeds from the barbecue and donations will benefit Pelham Minor Baseball Association.

Everyone in the community is invited to attend the event and listen to performances from local bands Cops on Commission and Soundfleet, said organizer Craig Gemmel.

The music is family-friendly, said Gemmel, adding that there is something for everyone.

"The kids in Soundfleet attend E.L. Crossley and they have all played in Pelham Minor Baseball."

Gemmel said music lovers can expect to hear classic rock favourites such as tunes from Led Zepplin, Pink Floyd and Rush as well as some of Soundfleet's own original material.

The PMBA Summer Bash will begin at 4 p.m. in the park. People who attend are encouraged to bring their own lawn chairs.

sarah.ferguson@sunmedia.ca

If you have a story idea or see news happening, we want to hear from you --
pelham.news@sunmedia.ca or 905-732-2414 ext.246

Start your day with focus!



BOOK NOW!
LIMITED TIME OFFER

See Now,
 Pay Later!
\$0 0%
 DOWN INTEREST

FREE Preliminary Eye Exam
Until July 31st + \$200 OFF

LASIK PROVISION'S GIFT TO YOU!

To see if you are a candidate for Lasik Surgery

At Lasik Provision, laser vision correction is viewed as an art form. Dr. Andrew Taylor has hand selected an experienced team of individuals who are constantly striving to provide the finest in all aspects of your lasik experience.

Dr. Andrew Taylor will personally perform your laser eye surgery. He has been serving the residents of South Western Ontario and the Northern United States for over 20 years. He can draw upon a personal experience of having performed over 100,000 successful lasik procedures to achieve the results you desire. Lasik Provision has superior technology and Dr. Andrew Taylor has personally used every major laser platform that is used in North America today. He lectures internationally in the field of laser eye surgery and on laser platforms. He is involved in the regulatory studies for the approval of new devices and procedures.

Dr. Andrew Taylor has chosen the Zeiss MEL 80TM Excimer laser and the Visumax Femtosecond Laser as his preferred platform. Carl Zeiss is internationally renowned for their expertise in optics, their lenses are likely to be the ones you use at home in your camera. Carl Zeiss Meditec utilizes advanced engineering profiles which produce superlative, predictable refractive outcomes which is what you want as a refractive eye patient.

Your eyes are precious and Dr. Andrew Taylor looks forward to providing you with a level and care that exceeds your expectations. Life was not meant to be viewed through glasses or contact lenses; life is about freedom. With these new technological breakthroughs, there has never been a better and safer time to experience the freedom so many millions of people have enjoyed with laser eye surgery.

LASIK provision
 The way you want to see!



1-888-510-2020 | 905-371-3217

www.lasikprovision.com

6800 Morrison Street, Niagara Falls, Ontario

DR. ANDREW W. TAYLOR
 M.D. F.R.C.S.C. Dip. A.B.O.



classifiedextra.ca

Canada's largest and most trusted
print and online classifieds network

Place it on classifiedextra.ca

Phone: 1-866-541-6757

Online: pelhamnews.classifiedextra.ca

Fax: 1-866-485-8461

Email: placeit@classifiedextra.ca

Produce/Food

SWEET CHERRIES,
Pick your own,
Open Daily 9-5,
Matthias Farms
1909 Elphinstone St.
905-892-6166

Apartments

1 BDRM apt. - Close
downtown, near St. E. Barnabas,
2nd floor: \$555 + utilities 1st
& last month. Avail. immediately
519-647-3575

1 BDRM APT. upper
355 Candore Rd.,
Ridgewill Ave. Aug 15
(905) 892-3070

Apartments

1 BDRM - office upper,
nicely decorated/
Historic bldg, Pring
\$505+ (reasonable
utilities) Avail. now,
Danna 905-732-4799

2 BDR all incl. Close to
Lincoln St. Mall, No
Parks, Secure Entrance,
\$780 incl. Avail. Now
905-534-9504

AVAIL. NOW
1 & 2 BDRM apt.
Starting at \$560/mo +
hydro, 905-732-1866

Brick & Masonry

ALLTYPE MASONRY
Chimneys, Foundations
Tom 905-892-1524
Cell 289-241-4797

Apartments

KINGS MANOR
on Glen Park Dr.
1 & 2 BDRM apts.
Park like setting, extra
storage, 905-735-5371

LOW THE CLASSIFIEDS

Condos/Lofts /Townhouse-Rent

**VISIT OUR
OPEN HOUSES**
Spacious 3&4 Bdrm
Town House
In great family complex
starting at \$550
Call 905-768-0070
or 1-800-948-8855

Houses for Rent

MUST SEE
3 Bdrm House in
Welland \$1100 incl.
Aval. Sept. 1st Call
905-359-5813.

Tutoring

**CHECK
IT OUT
NEED
SUMMER
TUTORING?**

Program designed to
keep learning current or
give a head start on their
new grade.
• 12 years teaching and
tutoring experience with
K-12 students
• Flexible hours, call or
email Rachel
fortchilltutor@gmail.com
(905) 913-4870

General Help Wanted

**NOW
HIRING**
7 Housekeeping
Room Attendants
Perms., Full-Time,
48hrs, Days,
even, & weekends
Wage rate
\$11.50 - \$12.20
DOE 32+ hrs/wk
Apply:
DoubleTree Fallview
8039 Fallview Blvd.
Niagara Falls
L2G 3V8
Fax: (905) 358-3580

**FIND IT IN THE
CLASSIFIEDS**



Find it!
in the
CLASSIFIEDS!



**DO YOUR
PART**

Now Available at **The Healthy Cupboard**



"There may be no disease process where his miracle molecule does not have a protective role." Louis J. Ignarro, PhD, a 1998 Nobel Laureate

The first & only measureable Nitric Oxide system is here.

NEO40[®] daily

Neo40 Daily is a breakthrough formula proven to help the body restore Nitric Oxide levels naturally, thus supporting circulation, blood pressure and overall cardiovascular health. It's an effective synergistic blend of beet root, hawthorn berry and other Nitric Oxide-active botanicals in a great tasting fast-melt lozenge.

Clinically Proven to help your body :

- Lower triglyceride levels
(27% average in 30 days)
- Lower blood pressure
- Improve cardiovascular health
- Improve sexual response
- Increase energy & better sleep
- Improve inflammatory response

Nathan Bryan
Ph.D.
Chief Science Officer



**We can test your nitric oxide levels
in store for free. The results are immediate.**



Tanya and Ian Birrell
Owners of The Healthy Cupboard

**TWO
LOCATIONS!**

PORT COLBORNE
101 CLARENCE STREET
(across from Food Basics)
905 **835.9806**

FONTHILL
111 #20 EAST
(Across from Sobey's)
905 **892.9054**

**NEW
WEBSITE**

www.healthycupboard.ca • healthycupboard@gmail.com

Leading nitric oxide research. Changing lives.